From the President's Desk.

Dear Nutrition Group members,

I hope this letter finds you well in this new year.

It is with pleasure that I announce the website of the Nutrition Research Scientific Group! You can access it from the IADR Groups and Networks page by scrolling to the Nutrition research group and clicking on “website” next to the name, or by using the side bar navigation menu. The Nutrition Group website can be found here: https://www.iadr.org/NutritionResearchGroup. Thanks to the IADR organization and to Elizabeth Kaye for her constant help.

There might be some problems with the e-mail addresses and I hope this will be quickly solved: the presidents’ letter and Nutrition Research Group Newsletter were emailed to everyone last May and September but some of you did not receive it. Please, let me and Kirsten (lampik@ohsu.edu) know if you did not receive the news so we may correct the e-mail addresses. Forthcoming newsletters will also be available on the IADR website (https://www.iadr.org/NutritionResearchGroup).

In This Issue

- Pages 1-2 — President’s Message
- Page 3 — Washington DC Meeting Events
- Page 4 — Report from 2019 Vancouver meeting
Here we are with the activities of our group at the next IADR General Session in Washington DC, March 18th-24th 2020. I really hope that you are planning to participate in the general session in Washington DC so that we can all meet at the business meeting and subsequent reception to exchange ideas and improve the participation in the group. To this end, I kindly ask you to submit titles of your recent publications so we can post a list. Please e-mail to Elisabeth Kaye: krall@bu.edu.

Nutrition is a very interesting and important topic for our health; as dentists we are involved in many aspects. Looking forward to your commitment! I really would like that everybody feels included in the Nutrition Group, especially now that the subject of “nutrition” is getting more and more attention in research and in our everyday life. Email your ideas to me (mpianci@gmail.com) or bring them up for discussion at our business meeting in Washington.

We will have the oral section with the keynote lecture held by Prof. Corrado Paganelli who is our vice-president elect, entitled “Food Texture and Oral Health”. Recent research results showed the involvement of mastication on the health of our brain; so the food we prefer and choose in our everyday life is important to preserve good cognitive activity. Hopefully, there will be something to taste...very interesting, try it!

For those interested in the subject, I will participate in the symposium entitled "Management of the elder dental patients with cognitive and physical dysfunctions" giving a lecture entitled “The protective role of masticatory function in elder dental patients.” scheduled from 02:00-03:30 PM on 21st March, 2020 in Washington DC. You are welcome to attend.

In Vancouver, we gave two awards to PhD students, and two new awards for best abstracts will be again presented in Washington DC. This is one of the good reasons for young people to send abstracts for poster or oral presentation.

Thanks very much to everyone for your collaboration. Do not hesitate to contact me for help or if you need more information or if you have new ideas.

Looking forward to meeting you in Washington! Warm regards to everybody.

Prof. Maria Grazia Piancino
MD, DDS, PhD
University of Turin-Italy
Symposium — Wednesday March 18, 8:30 – 10 A.M.

*Time to Change Dental Education: From Education to Action*

Symposium — Thursday March 19, 8:00 – 9:30 A.M.

*Oral Health in Birth Cohort Studies: Existing Evidence and Future Actions*

Symposium — Saturday March 21, 2:00 – 03:30 P.M.

*Management of the elder dental patients with cognitive and physical dysfunctions*

Keynote Address — Thursday March 19, 2:00 PM.

*Food Texture and Oral Health* — Corrado Paganelli, University of Brescia, Italy

Business meeting — Thursday March 19, 5:00 - 6:00 P.M.

Our business meeting will be held in room 144C of the convention center. Trainee travel awards will be presented to this year’s winners.

Reception — Thursday March 19, 6:00 - 7:00 P.M.

Immediately after the business meeting, the Nutrition Research group will once again join with BEHSR, Geriatric Oral Research and Global Oral Health Inequalities Research Network to host a reception in room 202A of the convention center.
Nutrition Group Trainee Travel Awards
Two students were given our group’s Travel Award at the Vancouver business meeting. The authors and abstracts were:

- Bidinotto, Augusto, et al. Tooth Loss, Rehabilitation and Consumption of Ultra-processed Foods

Nutrition Research Group Officers
President: Maria Grazia Piancino (mariagrazia.piancino@unito.it)
Secretary/Treasurer: Kirsten Lampi (lampik@ohsu.edu)
Symposium Organizer: Maria Grazia Piancino
Vice-president elect: Corrado Paganelli (corrado.paganelli@unibs.it)

Future IADR Meetings

<table>
<thead>
<tr>
<th>Year</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2021</td>
<td>Chengdu, China</td>
</tr>
<tr>
<td>2022</td>
<td>Atlanta, Georgia, USA</td>
</tr>
<tr>
<td>2023</td>
<td>Bogota, Colombia</td>
</tr>
</tbody>
</table>